

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**October 19, 2011**  
**3:00 to 5:00pm**  
**2180 Johnson Ave.**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Tyler Brown  
Pam Crabaugh  
Karl Hansen  
Joyce Heddleson  
Jill Heuer  
Lisa Kelley  
Kelly Kenitz for Ian Parkinson  
David Odell  
Stephan Ponce  
David Riester  
Jim Salio  
Vicki Shelby for Frank Mecham  
Mary Lee Waggoner

**MEMBERS AND ALTERNATES ABSENT:**

Charmaine Quinlan

**GUESTS:**

John Byers (T-MHA/PA/AT)  
Brandon Martin, FNL  
Barry Johnson, T-MHA  
Craig Wilson, T-MHA

**MENTAL HEALTH STAFF PRESENT:**

Karen Baylor  
Jane Ahlquist  
Frank Warren

1. **Meeting** was called to order @ 3:00 pm by David Reister.
2. **Introductions and Announcements:**
  - Joyce Heddleson announced that her daughter received an “A” in Art for the mid-term from Cuesta. Congratulations!
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. No comments.
4. **Action Item Re:** September 21, 2011, meeting minutes were reviewed and correction was made followed by approval on motion by David Odell and seconded by Joyce Heddleson. MSC: (Odell/Heddleson).
5. **Presentation:** Growing Grounds Farm – Barry Johnson  
Barry Johnson, of T-MHA gave us a history on how and when the Growing Grounds started. *In 1984, the San Luis Obispo Mental Health Association Director, Barb Fischer, realized that there was a great need for work opportunities for adults with mental illness in our community. She connected with JT Haas and PG&E to see if it would be possible to utilize their 7 acre substation on Orcutt road as a Horticulture Therapy program. PG&E jumped on board and leased the land to the MHA at an affordable rate; their employee, JT Haas, has been a member of the T-MHA board of directors ever since.*

**6. Presentation: Frank Warren and Brandon Martin**

- Frank reported on the “Veteran’s Forum,” said they had an excellent turnout. Dana Cummings, (the speaker) is the new Veteran’s Director. He co-founded a non-profit called Ampsurf, the Association of Amputee Surfers, and is the Executive Director of the program. Incredible guy!!
- MHSA Plan Approval Update – We are required every year to do a MHSA Plan Update that includes all of the MHSA components. Due to AB 100, this plan no longer requires State approval. We need to develop an approval process locally. The process would include obtaining stakeholder input, and then the plan would be posted for public comment for 30 days. There was a motion that the MHB accept responsibility for annual review and approval of the MHSA plan prior to submission to the state.
- Cal Poly Mental Health Awareness – Brandon Martin and the team from Friday Night Live put together a video on students discussing the effects of mental illness has had on their lives and the stigma connected. Cuesta College is developing their own FNL team with the help from Brandon.

**7. Director’s Report: Karen Baylor**

- Karen distributed an update from Patricia Ryan, the Executive Director of the California Mental Health Directors Association on Prop. 36.
- AB 109 – The plan was turned in to the BOS for approval and the PAL adjustments will go to the BOS on 10/25. The plan does include a new Mental Health Therapist position for the jail. Janet, Tom and Karen will be meeting with Probation next week to develop procedures for outpatient mental health services. Tom remains the point person for this population.
- There will be more beds added out at the jail due to the realignment clients coming in from the prisons. SAMHSA has prepared a grant for court expansion and on the purchase of additional sober living bed days. Women’s’ new jail will be completed approximately 3 years. The module unit is being remodeled to accommodate the increase in census.
- A NAMI conference call is scheduled for Thursday, October 20, subject; AB109. If you would like to participate please call 1-800-944-8766, access code; 52486
- AB3632 – Contract has been approved and SELPA has received half of the allocation from the state.

**8. Committee Reports:**

- Membership Committees – a potential new member.
- Legal Services – Jim Salio to call another meeting.
- Adult Services – no report
- Children’s Services – Will meet again shortly.
- Adult Services Policy Council – Pam Crabaugh attended the last meeting, with a report on AB109.
- Executive Committee –David Riester distributed the Board questionnaire and reviewed the results.

**The meeting was adjourned at 5:00p.m.**

*The next Mental Health Board meeting will be Wednesday, November 16, 3:00pm – 5:00pm on the 2<sup>nd</sup> floor of the Health Campus.*

*Jane Ahlquist*